



AT ST LAWRENCE'S 2024

ASH WEDNESDAY, 14th February

Day of Fasting and Abstinence

Mass with Imposition of ashes at 9.30am, 12.00noon, 6pm and 8pm (Polish).



EUCCHARISTIC ADORATION

The Blessed Sacrament will be exposed Monday to Friday from

8.30am-9.25am, **starting Thursday 15th February**. Also on Saturday morning from 9.30am-10.45am



STATIONS OF THE CROSS

Fridays at 10.00am, Saturday at 11.30am and Wednesdays at 7.30pm (Polish).



DAILY REFLECTION BOOKLETS

My Day by Day booklets for personal daily reflection (using the daily Mass readings). Price £1.00 each. If you have not seen or used this booklet before, consider taking one for your Lenten reflection.

FIRST FRIDAY DEVOTION TO THE SACRED HEART AND ADORATION BEFORE THE BLESSED SACRAMENT

Friday 1st March after Stations of the Cross. In the event of a Funeral, there will be alterations to the times of devotion and adoration.



PARISH PRAYER HOME VISIT

Would you like a visit in Lent from one of the Clergy? This could be a time of prayer or reflection on a particular weekday during Lent. If so, please put your name and contact details on the list in the porch. There are limited places.

SMALL FAITH-SHARING GROUP

Every Monday during Lent, starting **from 19th February** there will be a small faith-sharing group in the Presbytery after the 9.30am Mass. If you would like to be a part of this group please let Florie know. It will last 45minutes to an hour. We will be following a Diocesan Lenten resource "We Dare to Say". This will be led by a member of the Pastoral Team.

PARISH PRAYER GROUP

The Parish Prayer Group meet on **Saturday 17th February and 16th March** for Worship and Prayer in the Parish Centre from 6.15-7.45pm.

PASSION PLAY

There will be a play here in Church on The Passion organised by the Youth of St Michael & St Martin's Church on **Friday 22nd March at 7.00pm**. This is a free event and all are welcome/encouraged to attend.



CAFOD FAMILY FAST DAY

CAFOD Family Fast Day is **Friday 23rd February**, a day when we eat simply and give generously to support families around the world. This Lent, please encourage your parish to help hardworking people like James the fisherman from Liberia who now has the equipment he needs to fish safely and sustainably – to find good fishing spots and return home safely. Use the CAFOD envelope to Gift Aid your donation, which boosts your donation by 25 per cent. The QR code on the envelope is also an easy way to jump to the CAFOD website to donate online. The collection will be taken up **the weekend of 24th/25th February**.



Theresa Butcher and Miriam McNeaney will give a brief talk the weekend of **17th/18th February**. Also available in the porch are some CAFOD collection boxes which you can take home and fill with your loose change during Lent. Please return any filled boxes to the presbytery by **24th March**.

FR JOHN'S LENTEN WALK WITH PARISHIONERS FOR CAFOD

CAFOD'S Big Walk this year will help people in different parts of the world as they strive to overcome poverty. You are welcome to come and join us every Wednesday morning during Lent. We will walk from the church to each of the local cemeteries and walk back to the church.

Each Wednesday we will begin with a gathering prayer at 10.30am in front of the statue of Our Lady. Then walk to the cemetery and recite the Rosary around the cemetery and then walk back to church. We will end the walk with a concluding prayer at Our Lady's Statue and gather for soup and rolls in the Presbytery.

- WEEK 1 – Wednesday 21st February: Hatton Cemetery**
- WEEK 2 - Wednesday 28th February: The Borough Cemetery
(Powder Mill Lane)**
- WEEK 3 – Wednesday 6th March: Feltham Cemetery**
- WEEK 4 – Wednesday 13th March: Hounslow Cemetery**
- WEEK 5 – Wednesday 20th March: Bedfont Lakes Cemetery**
- WEEK 6 - Wednesday 27th March: Hanworth Crematorium**

Envelopes will be available during the season of Lent in the church porch. You are invited to take one and return it with your donation.

Your generosity to CAFOD will make such huge difference to so many families in need across the world. It will be a wonderful exercise for Lent and a lovely way to make new friends.

You are welcome to come and join us for 1, 2, or all the Wednesday walks.



LENTEN ALMS – The Cardinal's Appeal

If you can, please show your support for the Cardinal's Lenten Appeal. All funds raised go towards projects across our Diocese. Each year, the Diocese uses donations made to support the work of our services, such as Marriage & Family Life; Youth Ministry, and Education. Funds are also used to support the work of Caritas Westminster, who work for and with some of the most vulnerable people in our Diocese. His Eminence, Cardinal Nichols, has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. So, please take a donation envelope today, for more information. You can use the QR code to make your donation online. Thank you for your generosity. Collections will be taken up on Ash Wednesday and Holy Thursday.

FLOWERS:

PLEASE DO NOT bring in flowers to decorate the altar or any of the statues or the side altars in Church during Lent.

